FREE GUIDE · RÉHABITAL · CÔTE SAINT-LUC

Your First Naturopathy Consultation

What is naturopathy?

A holistic approach that considers diet, digestion, sleep, stress and lifestyle. It complements medical care and does not replace it.

First consultation

The 60-minute initial consultation includes a health history and a personalized plan. Follow-ups assess progress and adjust that plan.

Current fees

$115 / 60 min for the initial consultation.
$100 for a follow-up.
Official private-insurance receipt issued after every visit; coverage depends on your plan.

Practitioner

Elena Caliniuc, holistic naturopath and member of AQTN and ANHQ.

Prices verified September 6, 2026. Prices in Canadian dollars, before GST and QST. Current list: rehabital.ca/tarifs.